



Issue 5

2nd October

Autumn Term 2026

Blenheim Weekly



Allergy Awareness

If you have any concerns about your child's allergy within school, please discuss with your child's class teacher. They will make contact with you before any cooking lessons to ensure that all precautions have been taken to minimise any risk.

Mrs Suzy Crowe is the School Allergy Lead and can be contacted via the school office if you require any additional information. Members of the Inclusion Team are also available to support your child with any worries that they may have regarding their allergies.



Learning in
Harmony
Trust

Parent Consultations

Following feedback from last year, this year we will be holding parent consultations in both the autumn and spring terms. The autumn sessions will be held on:

Tuesday 13th October - 3:30-6:00pm

Thursday 15th October - 5:00-7:30pm

You will be able to book your ten-minute slot via **Arbor** from **Monday 5th October at 4pm**. We look forward to talking to you about your child's progress and for you to see some of the great learning they have already achieved this year.

SEND classes

If your child is in Ducklings, Goslings or Water Striders, you will be able to book your appointment directly with their teacher on Dojo or on a sign-up sheet on classroom doors from Monday 5th October.

School Nursery

Parent consultations for nursery children will happen later in the term (end of November) so please look out for a separate communication about this nearer the time.

visit our
website!

Parent/ carer support:

Our theme this week is **problem solving**. Children will face all sorts of challenges and problems every day and they often talk to us about their issues/conflicts, leaving us unsure of how to support them best. Do you often feel like your child brings their school problems home? Do you find it difficult to know what to say or how to respond to help them? Do you feel like the problem is now your problem to resolve? This can be difficult to navigate. Problem solving is a skill that children will need to learn and practise. Follow the [link here](#) to learn about tips and strategies on how you can help. The image opposite also offers a useful step guide to support you in these discussions. Teaching our children to resolve their own problems supports their feelings of independence and empowerment.



HOW TO TEACH PROBLEM-SOLVING TO CHILDREN

A GUIDE FOR PARENTS

STEP 1 WHAT AM I FEELING?



Noticing and naming emotions diffuse their charge and gives your child a chance to take a step back. Explain that ALL emotions are acceptable, there are NO "bad" emotions. If needed, guide your child to a calming space to process their emotions so they can problem-solve, learn and grow.

STEP 2 WHAT'S THE PROBLEM?



Guide your child to formulate the problem. Repeat back what they said, "So you're saying..." This will help them feel heard and understood. Help them take responsibility for the problem rather than pointing fingers.

STEP 3 WHAT ARE THE SOLUTIONS?



Encourage your child to list as many solutions as possible. Write them down. At this point, they don't even need to be "good" solutions, you're just brainstorming. Say, "What are some things you can do to fix this?" Help to brainstorm some ideas if they need more support.

STEP 4 WHAT WOULD HAPPEN IF...?



Ask, "What would happen if you tried these solutions?", "Is the solution safe and fair?", "How will it make others feel?" It's important for your child to consider both positive and negative consequences of their actions. Ask, "What do you think will happen next? What do you think would happen if...?"

STEP 5 WHICH ONE WILL I TRY?



Guide your child to pick one or more solutions to try. If the solution doesn't work, go back to the list. They've learned valuable information and can move on to a new approach. Encourage your child to keep trying until the problem is solved. Ask, "What did you learn? What was easy? What was hard? What would you do differently next time?"



School Uniform Policy

[Blenheim Primary School: Uniform and Appearance Policy \(2026\)](#)

At Blenheim Primary School, we believe that a school uniform is important in building the pupils' sense of identity and belonging to the community of our school. It is our policy that all children will wear school uniform when attending school, or when participating in a school-organised event outside normal school hours. Our policy reflects the DfE guidance on School Uniforms, November 2025.

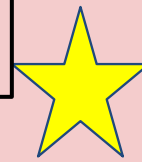
School uniform instils a sense of pride in our school and supports positive behaviour. It is one of the symbols of the ethos of our school and protects children from social pressures whatever their race, religion, gender or background. All children will wear school uniform and we encourage them to maintain an acceptable standard of clean and tidy dress in school. However, it is important to note that when children learn and play outdoors, uniform may get dirty and as a school we are sensitive to this.

Please note that throughout this policy, the term 'parent' refers to any adult with parental responsibility, including carers and guardians.

Aims

This policy aims to:

- set out our approach to requiring a uniform that is of reasonable cost and offers the best value for money for parents;
- explain how we will avoid discrimination in line with our legal duties under the Equality Act 2010; and
- clarify our expectations for school uniform.



Please bring donations to the school office by Tuesday 13th October. Thank you for your support.



HARP Harvest Appeal 2026

URGENTLY NEEDED:

- Coffee
- Sugar
- Pot Noodles/Super Noodles
- Tinned Meals: Curry, Chili
- Breakfast cereal
- Squash
- Cooking Sauces
- Fray Bentos Meat Pies and Puddings
- Cooking Oil
- Tinned Pasta: Ravioli, Macaroni
- Tinned New Potatoes
- Tinned Soup

NEEDED:

- Biscuits
- Rice
- Packet Pasta Sachets
- Jam
- Peanut Butter
- Chocolate Spread
- Cup a Soup
- Tinned Veg
- UHT Milk
- Tinned Fruit
- Tinned Veg
- Rice Pudding
- Custard
- Microwave Rice
- Condiments: Mayo, BBQ etc
- Crisps
- Pasta

Remember to check the dates!

All our Harvest donations are going straight to support people experiencing homelessness locally, helping provide food, essentials, and care through HARP's services.

www.harphomeless.org



Harvest appeal

Donate Food
Donate an item or two from our shopping list, ensuring we can provide food for people facing hardship in your community.

Donate Money
Help to cover the costs of storing and distributing food, as well as developing sustainable projects.

Shopping List

- Tinned Chilli or Curry
- Rice Pudding
- UHT Milk
- Instant Mash
- Breakfast Cereal
- Tea Bags
- Tinned Fruit
- Microwave Rice
- Jam

 **Southend Foodbank**
Together with Trussell

southend.foodbank.org.uk
Registered Charity in England & Wales 1163160



Scan the QR for our Seasonal Collection pages



Breakfast and After School Club

What an exciting week we have had at Breakfast & After School Club! From autumn-inspired crafts to fantastic constructions, the children have been busy creating, exploring and, most importantly, working together!

Our creative days have been full of autumn magic. The children made Autumn Fingerprint and Tissue Paper Trees, using colourful paints or beautiful autumnal tissue paper to create their own falling leaves. They absolutely loved experimenting with different colours and materials and every tree was wonderfully unique.

This week's focus has been teamwork, following instructions and supporting one another, and the children have certainly risen to the challenge! One child followed instructions to create an extraordinary K'NEX plane, showing fantastic patience and determination. Others worked brilliantly together to build an amazing plane and car park using our Big Jenga blocks. Their teamwork and imagination were fantastic! Some children enjoyed a game of Big Jenga, carefully supporting one another and working together to keep their tower standing. Another child created an incredible magnetic dome by following instructions; he even took the time to show others how to make something similar, demonstrating wonderful teamwork and confidence.

Our Wellness Room has continued to be a lovely space for creativity and relaxation and our sensory area turned into a dinosaur adventure this week! The children loved exploring our kinetic sand and dinosaurs, creating their own prehistoric worlds and letting their imaginations run wild.

We are so proud of how the children have supported one another this week. Whether creating, building or playing together, they have shown that a little teamwork goes a long way.

Thank you for another wonderful week. We look forward to more creativity, laughter and exciting adventures next week!

Breakfast and After School Club





AGM Meeting

Monday 12th October

1pm (meet in reception)



Registered Charity Number: 1046046

All are very welcome to join the meeting to hear about what FOB PTA got up to in the last academic year and what is being planned for 2026/2027

If you are interested in any of the following positions for this academic year or would like more information please contact:

friendsofblenheim@gmail.com

We hope to have some new faces join our team.



Chair *

- Lead PTA Committee
 - Liaise with school staff
 - Ensure smooth running of PTA
- Key Skills - Leader, organised, diplomatic, communication, delegation, proactive, passionate

Vice Chair x2 *

- Work closely with the Chair and support activities/meetings
 - Deputise Chair when required
- Key skills - Organised, communication, team player, proactive, enthusiastic

Treasurer x2*

- Manages day to day finances
 - Keeps detailed records
 - Reports finances
 - organises floats/banking
- Key skills - confident handling money, good with numbers, methodical

Secretary x2 *

- Assists Chair with meetings
 - Keeps records/takes minutes
 - Communicates with volunteers
 - Create posters/social media posts
- Key skills - Communication, accurate, motivated, helpful

Volunteers

We can't run our events without our wonderful volunteers. We really need some more volunteers to help run events as well as carry out task from home like sourcing raffle prizes, baking, crafts etc. Please let us know if you can spare any time to help.



*The PTA can only operate if at least one of each of these roles is filled



Reception 2027

Admissions Information

Are you looking for a Reception place for your child in September 2027?

Come and join us at Blenheim Primary School at our prospective parent tours to find out what makes our school such a wonderful place to learn!

- Wednesday 14th October - 4:45pm
- Thursday 15th October - 9:30am
- Tuesday 10th November - 1:45pm
- Wednesday 18th November - 9:30am

Call us to book your slot today. 01702 474684



Our Motto: Be The Best You Can Be

Pupils really enjoy school. The staff are incredibly caring and are always there to help pupils if needed. The wide range of clubs pupils attend helps them to develop their talents and interests...Pupils enjoy lessons that challenge them to think deeply and achieve highly...

The programme to support pupils' personal development is exceptional.

Ofsted Report - April 2025 - Blenheim Primary School maintained the standards identified at the previous inspection, graded Outstanding.



www.blenheimprimary.co.uk/



01702 474684



info@blenheim.lihtrust.uk



Your PTA Needs You!

Help Us Keep the Momentum Going



Last year the majority of the PTA committee stepped down as their children moved on to new adventures. Our PTA has been operating on a limited team since then and as a result we've had to scale back on our events due to not having the volunteers. We'd love to bring lots of new events back this year and have lots of fun ideas but would love your help to be able to make it happen.

Over the last few years we have raised over £35,000 to support our school community

Thanks to your help and support, we've been able to:

- 🌿 Restore the school pond into a beautiful outdoor learning space
- 🏃 Build a new PE shed to support sports and physical activity
- 📖 Fund OPAL training & playtime improvements, transforming how children enjoy their breaktimes ... and so much more

Now we need your help to continue our vital fundraising to benefit the children



Why Join the PTA?

- 💛 Make new friends
- 📍 Organise fun school events
- 🏠 Raise vital funds for our children's education
- 🌟 Be part of something truly rewarding

Let's Keep the Spirit Alive

We're looking for fresh faces and new ideas – parents, carers, grandparents – all are welcome, including children! You don't need to take on a big role (unless you want to!), just being part of the team makes a real difference.



Our children benefit when we all pitch in. Let's keep building something special – together.
Please contact friendsofblenheim@gmail.com if you are interested in joining us.



- 📧 Get in touch: friendsofblenheim@gmail.com
- 📺 Follow us: Facebook - Friends of Blenheim Primary school PTA
Instagram - [friendsofblenheimschool_pta](https://www.instagram.com/friendsofblenheimschool_pta)
- 📅 Join us at our next PTA meeting – come see what it's all about

**If you have a child born between
1 September 2022 and 31 August 2023
apply now to start school
September 2027**

What you need to do:

- Look at school websites; see if they have an open evening and try to visit the school, look up information on the [Department for Education](#) website.
- Look at the [Primary Admission Booklet](#) for guidance
- Use your postcode to find your catchment school on the councils website www.southend.gov.uk/admissions
- Submit an application to the Council expressing your preferences.
- Apply between 14 September 2026 and 15 January 2027 - apply to Southend City Council if you pay council tax to Southend City.
- Look out for your offer on the National Offer Day: 16 April 2027



School Admissions Team
Statutory Assessment, Access & Inclusion
Southend-on-Sea City Council
Civic Centre, Victoria Avenue,
Southend-on-Sea SS2 6ER

Apply online at
[www.southend.gov.uk/
admissions](http://www.southend.gov.uk/admissions)
by 15 January 2027



NEWHAM & SOUTHEND

LOCATION:

Newham Leisure Centre,
281 Prince Regent Ln,
London, E13 8SD

DATES:

Saturday 18 October -
Saturday 13 December
(9 weeks)

SESSION TIMES:

10:00-11:30

AGES:

8 - 12 years (girls only)

CONTACT:

adel.roets@essexcricket.org.uk

LOCATION:

Southend High School for Girls,
Southchurch Blvd,
SS2 4UZ

DATES:

Monday 12 October -
Monday 14 December
(9 weeks)

SESSION TIMES:

18:30-20:00

AGES:

8 - 12 years (girls only)

CONTACT:

adel.roets@essexcricket.org.uk





"WHERE BEING UNIQUE MAKES US UNSTOPPABLE"

CAMPS

Our October Schedule is now live



A Fun day of gymnastics for all levels.

Tuesday 20th and 27th October

Thursday 22nd and 29th October

Progress road.

<https://uniquegymnastics.classforkids.io/camps>



We build more than footballers; we develop young players who Lead with Honour, Strive for Excellence, Rise with Resilience. On & Off The Pitch.

PERFORMANCE HUBS

MONDAYS - **SOUTHEND** - 6 til 7

TUESDAYS - **BILLERICAY** - 5 til 6

WEDNESDAYS - **FAIRLOP** - 7 til 8

THURSDAYS - **BASILDON** - 7 til 8

FRIDAYS - **BENFLEET** - 5 til 6

EMAIL

info@hersocceracademy.com

GIRLS ONLY AGES 6-14

UEFA LEVEL COACHING

HONOUR | EXCELLENCE | RESILIENCE

BEST START FAMILY HUBS LAUNCH EVENT

We are pleased to invite you to the launch of
Southend's Best Start Family Hubs on the
Wednesday 7th October 2026
1-3pm

What's happening?

- Enjoy fun play activities with your child
- Discover simple ideas to support learning and development at home
- Visit The Essential Spot for information, advice and support
- Find out about local services available for children and families
- Meet the Best Start Family Hub team

Location

Friars Family Hub
Constable Way
Shoeburyness
Southend-On-Sea
SS3 9XX



One adult per child. Children must be supervised at all times.

Booking is required.

For more information or to book your place, please email or call

BSILSessionbookings@southend.gov.uk

01702 220810



**Southend-on-Sea
City Council**

NATIONAL
TENNIS ASSOCIATION

MONSTER SMASH

HALLOWEEN TENNIS CAMP
SPOOKY SKILLS, MONSTER CHALLENGES,
GAMES AND PRIZES!



Chalkwell Park

26th & 29th October 9.00-11.30am

5-10 / 11-15 years

CLICK ON THE LINK BELOW TO BOOK-
<https://nationaltennis.org.uk/camps/london/>

JOIN THE FUN IF YOU DARE!

QUESTIONS? CONTACT: HELLO@NATIONALTENNIS.ORG.UK

SCAN TO BOOK



SCHOOL DINNER MENU

Summer Term 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

Tomato & Pepperoni
pasta
Tomato pasta
Garlic bread
Sweetcorn
Peas
Ice cream roll

Beef taco
Veggie taco
Savoury rice
Cucumber
Coleslaw
Carrot cake

Roast chicken
Quorn roast
Yorkshire pudding
Roast potatoes
Cauliflower
Carrots
Fruit jelly

Cheese & tomato
pizza wrap
Baby new potatoes
Mixed vegetables
Salad
Fresh fruit

Sausage roll
Vegan roll
Chips
Baked beans
Peas
Banana oat cookie

WEEK 2

Sausages
Veggie sausages
Mashed potato
Onion gravy
Peas
Carrots
Fruit smoothie

Chicken & veg curry
Vegetable curry
Rice
Mixed vegetables
Chocolate brownie

Grab a picnic bag:
Cheese/tuna/ham
roll
Crisps
Biscuit/cake
Fruit

Tuna, mackerel &
sweetcorn pasta
bake
Quorn & sweetcorn
pasta bake
Garlic bread
Vegetable sticks
Fresh fruit

Beef burger
Veggie burger
Chips
Beans
Salad
Cherry & apple
flapjack

WEEK 3

Chicken nuggets
Veggie nuggets
Baby new potatoes
Sweetcorn
Baked beans
Ice cream & fruit

Beef & mixed bean
chilli
Veggie chilli
Rice
Vegetable medley
Banana loaf cake

Roast gammon
Roast Quorn
Yorkshire pudding
Roast potatoes
Carrots
Peas
Fruit jelly

Butternut squash
macaroni cheese
Garlic bread
Mixed salad
Fresh fruit

Fish fingers
Veggie fingers
Chips
Baked beans
Mushy peas
Lemon muffins

Jacket potatoes are available daily, along with selection of fresh fruit and salad

For allergy/dietary queries, please email info@blenheim.lintrust.uk or scan the QR code

Menu subject to change based upon product availability

Week 1: 31/08, 21/09, 12/10 Week 2: 07/09, 28/09 Week 3: 14/09, 05/10

