Week 1

	Main dishes	Vegetarian/Gluten Free dishes
Monday	Sweet and sour **pork** meatballs with rice **Dessert:** Pancakes	Sweet and sour **vegetarian** meatballs and/or **gluten-free** pork meatballs **Dessert:** Pancakes and/or raisins
Tuesday	Macaroni in tomato sauce with garlic bread, diced cucumber and peppers **Dessert:** Homemade jelly	Macaroni in tomato sauce with garlic bread, diced cucumber and peppers **Dessert:** Fresh fruit and yoghurt or raisins
Wednesday	Cheese and tomato pizza with wedges and/or chips and side salad **Dessert:** Chocolate swiss roll with custard	Gluten-free cheese and tomato pizza with wedges and/or chips and side salad **Dessert:** Arctic roll
Thursday	Fish fingers, chips and peas **Dessert:** Ice-cream	Quorn nuggets, chips and peas **Dessert:** Ice lolly/yoghurt/raisins/fruit
Friday	Beans on toast **Dessert:** Doughnuts	Beans on gluten-free toast **Dessert:** Ice lolly/yoghurt/raisins/fruit

Week 2

	Main dishes	Vegetarian/Gluten Free dishes
Monday	Jacket potato and beans **Dessert:** Fruit smoothies	Jacket potato and beans **Dessert:** Fruit smoothies
Tuesday	Sausages, chips and beans **Dessert:** Pancakes	Vegetarian sausages, chips and beans **Dessert:** Fresh fruit and yoghurt or raisins
Wednesday	Pepperoni or cheese and tomato pizza with wedges and/or chips and side salad **Dessert:** Yoghurt	Gluten-free cheese and tomato pizza with wedges and/or chips and side salad **Dessert:** Ice lolly/yoghurt/raisins/fruit
Thursday	Battered chicken chunks, chips and sweetcorn **Dessert:** Jam tarts and custard	Quorn/vegetarian nuggets, chips and sweetcorn **Dessert:** Ice lolly/yoghurt/raisins/fruit
Friday	Beans on toast **Dessert:** Hot chocolate and biscuits	Beans on gluten-free toast **Dessert:** Ice lolly/yoghurt/raisins/fruit

Week 3

	Main dishes	Vegetarian/Gluten Free dishes
Monday	Beef burger in a bun with chips and beans and/or sweetcorn **Dessert:** Doughnuts	Vegetarian burger in a bun with chips and beans and/or sweetcorn **Dessert:** Fruit smoothies
Tuesday	Jacket potato with cheese and beans with diced cucumber **Dessert:** Swiss roll	Jacket potato with gluten-free cheese and beans with diced cucumber **Dessert:** Fresh fruit and yoghurt or raisins
Wednesday	Pasta in tomato sauce with garlic bread and sweetcorn **Dessert:** Homemade jelly	Gluten-free pasta in tomato sauce with garlic bread and sweetcorn **Dessert:** Vegan jelly/ice lolly/yoghurt/raisins/fruit
Thursday	Battered chicken chunks with chips and beans **Dessert:** Ice-cream	Quorn/vegetarian nuggets with chips and beans **Dessert:** Ice lolly/yoghurt/raisins/fruit
Friday	Beans on toast **Dessert:** Chocolate mousse	Beans on gluten-free toast **Dessert:** Ice lolly/yoghurt/raisins/fruit